

Join us for fun and informative learning!

Dickinson Center, Inc.
AN AFFILIATE OF JOURNEY HEALTH SYSTEM

&

Cameron Elk

present



SAFETY Series

This series is designed specifically for individuals with intellectual disabilities, to equip them with the knowledge and skills to stay safe in all areas of life. Whether you're at home, in the workplace, out in your community, or even online, it's important to understand how to protect yourself and make informed decisions.

The CROWN areas of safety that are addressed are:



Community:

- *How to stay safe while out and about
- *Recognizing safe places and people



Residence:

- *Fire Safety, handling emergencies, and setting up safe spaces



Online:

- *Protecting your personal information
- *Navigating social media and internet safety



Work:

- *Workplace safety rules and expectations
- *How to ask for help when needed



Natural Disasters:

- *Understanding weather risks and how to prepare
- *What to do during storms, floods and more



Self:

- *Healthy Habits for staying safe physically and mentally
- *Recognizing when to ask for help or call for support

The Dickinson Center, Inc. IDD Programs are collaborating with Cameron-Elk Behavioral Health Services to offer the CROWNS Safety Training. The CROWNS training is provided by HCQU Northwest. This training is for IDD consumers who want to learn more about safety.

This is a 3-week training and takes about 1-hour per session.

DATES AND TIMES:

MARCH 17 MARCH 24 MARCH 31
10-11am or 1-2pm time slots
(Both time slots cover the same topics.)

There will be a drawing for a \$10 Walmart Gift Card at each session!

Refreshments will be served!

LOCATION:

Dickinson Center, Inc.
Main Office
43 Servicea Drive
Ridgway PA 15853

To sign up, contact:

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DCI Employment Support Director
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*You must sign-up by the Friday prior to each class date in order to attend.
It's recommended that you attend all 3 sessions to earn your CROWNS certification.*